



Jee-Goo and Brooklodge Friendly Open
Taekwon-Do Competition
Saturday the 25th of March
Little Island Sports Complex, Cork



Dear Instructor,

It is with the greatest pleasure that, on behalf of the Jee-Goo and Brooklodge Schools of Taekwon-Do, we would like to cordially invite both you and your students to the Jee-Goo and Brooklodge Friendly Tournament to be held in Little Island Sports Complex, Cork on Saturday, 25th of March, 2017.

We sincerely hope that you and your students will join us in Cork for this event.

The competition will be run under A.E.T.F. rules, with divisions for male and female, senior and junior, patterns and sparring. In addition, a special technique section (overhead kick) will be held for those aged 12 and under. With the provision of sufficient umpires, four rings will be in use to ensure that the competition runs as efficiently as possible. **Each club must provide an umpire**, however, we encourage as many umpires as possible to take part in refereeing on the day. As the event is just for colour belts, it provides a good opportunity to practice and refresh umpiring skills.

Please note it is compulsory for all competitors to wear head gear, shin-guards and gum-shields. Groin guards are mandatory for male competitors. The closing dates for entries is Friday the 10th of March. Late entries will not be accepted.

Attached, you will find the proposed categories that may be amended pending numbers.

Looking forward to seeing you,

Yours in Taekwon-Do,

Alan Troy

Venue: Little Island Sports Complex, Little Island Cork.



Times: Referees 9.30 sharp
Competitors 10.00 sharp

Price:

- (1) 10th & 9th Kup (**there is no sparring for these grades**)
 - Juniors and Seniors 15 euro

- (2) All other grades (regardless of what sections participant is competing in)
 - Juniors 20 euro
 - Seniors 25 euro

Entry Forms:

Entries and payment must be received by Friday the 10th of March including attending umpires. Hard copies (signed competitor forms) can be brought on the day of the competition. *Any student submitted by the closing date (10th of March) must pay the corresponding fee.*

Electronic entries should be emailed to glanmiretkd@gmail.com

Should you require any assistance then please do not hesitate to contact us.

Yours in Taekwon-Do,

Alan Troy

E-mail: glanmiretkd@gmail.com

Tel: 087 614 7161

(1) Categories for Patterns

| | |
|-----------------------|---|
| White – Yellow Tags | 8 and under / 9-11 / 12-13 / 14-17 /18+ |
| Yellow –Green Belt | as above |
| Blue Tag – Red Tag | as above |
| Red Belt to Black Tag | as above |

Categories may be amalgamated or sub divided depending on numbers

(2) Categories for Sparring:

All sections will be divided into male and female and then into lightweight and heavyweight where appropriate.

| Section | Grade |
|---------------|---|
| 10 and under: | Yellow – Green Tag Green Belt – Red Tag Red Tip – Black Tip |
| 11-12: | As Above |
| 13-14: | As Above |
| 15-17: | As Above |
| 18 + : | As Above |

Categories may be amalgamated or sub divided depending on numbers

(3) Special Technique

Overhead kick

Categories will be subdivided based on numbers. Please note this category is only for students 12 years and under