



IRISH NATIONAL TAEKWON-DO ASSOCIATION (I.N.T.A.)

National Championships

Saturday 21 October 2017

Gormanston Park, Gormanston, Co. Meath

Invitation

Dear Masters, Instructors,

It is with great pleasure that, on behalf of the I.N.T.A., I would like to invite you and your students to the I.N.T.A. National Championships 2017.

All events for colour belts and black belts will be held on Saturday 21 October. I hope that you can join us in Gormanston for this event.

The competition will be run under I.T.F. rules, with divisions for male and female, senior and junior, colour belt and black belt.

Please send competition applications and queries to jeroen.wezelman@inta.ie.

Looking forward to seeing you in October.

On behalf of Master Brendan O'Toole 8th Degree,

Yours in Taekwon-Do,

Jeroen Wezelman

Tournament Director



DETAILS



INTA National Championships 2017

Venue: Gormanston Park (Franciscan College), Gormanston, Co. Meath

Date: Saturday 21 October 2017

Time: Saturday 10:00 AM sharp (9.00 AM for Referees)

Fee:

| | 9th Kup | 8th Kup – 1st Kup | I – VI Degree | Power |
|-----------------|---------|-------------------|---------------|-------|
| Senior (18+) | €15 | €30 | €35 | +€10 |
| Junior (6 – 17) | €10 | €25 | €25 | N/A |

Closing date for entries via Soft Copy is 30 September.
All Hard Copy entry forms & fees must be returned by 5 October.

Although we have been lenient in the past, entries past these dates will not be accepted!

Any entry unpaid by 5 October 2017 will be removed from the competition.

Soft copy address: jeroen.wezelman@inta.ie

Hard copy and fees address: Jeroen Wezelman,
175 Monread Heights
Naas
County Kildare
W91 A5YF

(All postal orders, cheques or bank drafts to be made payable to I.N.T.A.. **NO CASH!**)

Rules: I.T.F. Competition Rules

Trophies: 1st 2nd & Joint 3rd

Entries to: All entries must be returned to the tournament director, using only the attached spread sheet to jeroen.wezelman@inta.ie.

All competitors must have full insurance cover for this competition and will be only allowed to compete in official ITF dobuks and approved safety equipment: head guard, hand pads covering fingers, foot pads covering all toes and gum shield; all male competitors must wear a groin guard.



UMPIRES & COACHING



Coaching

- Dress code is sports attire, Track pants, T-Shirt, training shoes & Towel (no dobuks, shorts nor umpire attire will be permitted).
- Please inform your coaches regarding rules and regulations.

Umpires (I to VI degree)

- Umpire meeting 9 AM sharp!
- All umpires must sign in and must attend the umpire meeting.
- Only umpires of 16 years and older will be considered valid in relation to the umpire to competitor ratio for the clubs' minimum requirement for providing.
- Each School must have one umpire for every ten competitors, i.e. 1-10 competitors = 1 umpire, 11-20 competitors = 2 umpires, etc.
- If a club/school cannot send a referee then a surcharge of €50 must be paid, otherwise the entries cannot be accepted.

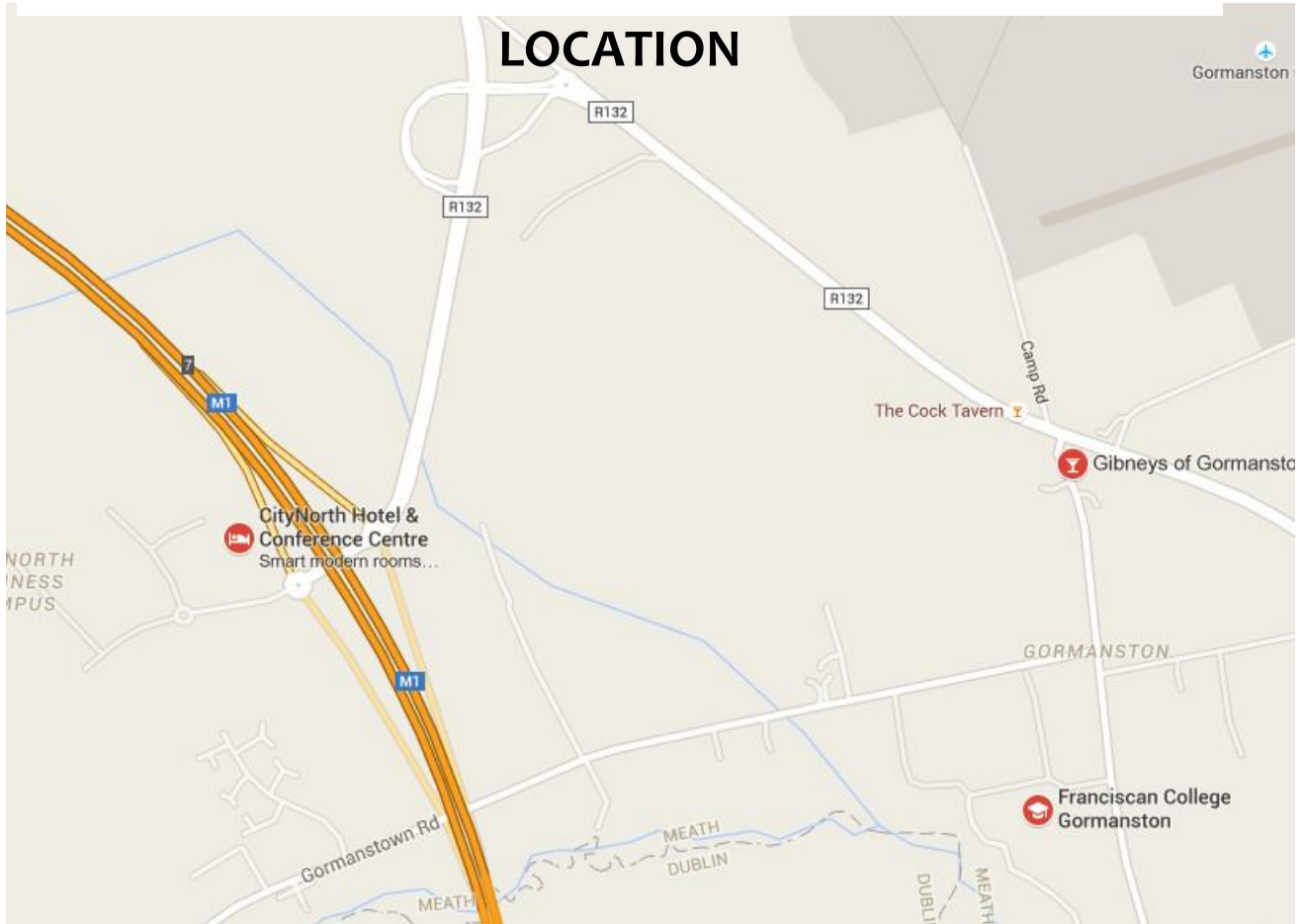


ACCOMMODATION



For those travelling from afar, there is an option to enjoy the newly refurbished rooms at the Franciscan College in Gormanston Park.

Please send enquiries to events@inta.ie.





Junior Patterns



1st 2nd & Joint 3rd PLACES
(Male and Female will compete together)

| Category | Grade | Pattern |
|------------------|-------------|-------------------|
| 8 years & under | Yellow Tip | Pattern of choice |
| 8 years & under | Yellow Belt | Pattern of choice |
| 8 years & under | Green Belt | Pattern of choice |
| 8 years & under | Blue Belt | Pattern of choice |
| 9 to 11 years | Yellow tip | Pattern of choice |
| 9 to 11 years | Yellow Belt | Pattern of choice |
| 9 to 11 years | Green Belt | Pattern of choice |
| 9 to 11 years | Blue Belt | Pattern of choice |
| 11 years & under | Red Belt | Pattern of choice |
| 12 to 15 years | Yellow tip | Pattern of choice |
| 12 to 15 years | Yellow Belt | Pattern of choice |
| 12 to 15 years | Green Belt | Pattern of choice |
| 12 to 15 years | Blue Belt | Pattern of choice |
| 12 to 15 years | Red Belt | Pattern of choice |
| 15 years & under | Black Belt | 2 Designated |
| 16 to 17 years | Yellow tip | Pattern of choice |
| 16 to 17 years | Yellow Belt | Pattern of choice |
| 16 to 17 years | Green Belt | Pattern of choice |
| 16 to 17 years | Blue Belt | Pattern of choice |
| 16 to 17 years | Red Belt | Pattern of choice |
| 16 to 17 years | Black Belt | 2 Designated |

**Categories may be split or amalgamated depending on competitor numbers*



Junior Sparring

1st 2nd & Joint 3rd PLACES
(Separate categories for male and female)

8 to 13 years: 2 Height Divisions
14 to 17 years: 2 Weight Divisions
(Weight & Height Divisions to be decided)

| Category | Grade |
|------------------|-------------|
| 8 years & under | Yellow Belt |
| 8 years & under | Green Belt |
| 8 years & under | Blue belt |
| | |
| 9 to 10 years | Yellow Belt |
| 9 to 10 years | Green Belt |
| 9 to 10 years | Blue belt |
| 10 years & under | Red Belt |
| | |
| 11 to 13 years | Yellow Belt |
| 11 to 13 years | Green Belt |
| 11 to 13 years | Blue Belt |
| 11 to 13 years | Red Belt |
| 13 years & under | Black Belt |
| | |
| 14 to 15 years. | Yellow Belt |
| 14 to 15 years | Green Belt |
| 14 to 15 years | Blue Belt |
| 14 to 15 years | Red Belt |
| 14 to 15 years | Black Belt |
| | |
| 16 to 17 years | Yellow Belt |
| 16 to 17 years | Green Belt |
| 16 to 17 years | Blue Belt |
| 16 to 17 years | Red Belt |
| 16 to 17 years | Black Belt |

**Categories may be split or amalgamated depending on competitor numbers*



Special Technique

Colour belts, 12 years and under)
1st Place

| Category | Techniques |
|--|---------------|
| White to Green Belt Female 8 years and under | Overhead Kick |
| White to Green Belt Male 8 years and under | Overhead Kick |
| White to Green Belt Female 9 to 10 years | Overhead Kick |
| White to Green Belt Male 9 to 10 years | Overhead Kick |
| White to Green Belt Female 11 to 12 years | Overhead Kick |
| White to Green Belt Male 11 to 12 years | Overhead Kick |
| Blue & Red Belt Female 8 years and under | Overhead Kick |
| Blue & Red Belt Male 8 years and under | Overhead Kick |
| Blue & Red Belt Female 9 to 10 years | Overhead Kick |
| Blue & Red Belt Male 9 to 10 years | Overhead Kick |
| Blue & Red Belt Female 11 to 12 years | Overhead Kick |
| Blue & Red Belt Male 11 to 12 years | Overhead Kick |



Senior Patterns

1st 2nd & Joint 3rd PLACES



Black belt competitors must perform two designated patterns; the first designated pattern must be a pattern of their grade, e.g. 2nd Degrees must perform Eui-Am, Choong-Jang or Juche.

The second designated pattern being from Chon Ji to the highest pattern within the grade category.

| Category | Grade | Designated Pattern |
|-------------------|----------------|---------------------|
| 18 years and over | Yellow tip | Pattern of choice |
| 18 years and over | Yellow Belt | Pattern of choice |
| 18 years and over | Green Belt | Pattern of choice |
| 18 years and over | Blue Belt | Pattern of choice |
| 18 years and over | Red Belt | Pattern of choice |
| 18 years and over | I Degree | Chon-Ji – Ge-Baek |
| 18 years and over | II Degree | Chon-Ji – Juche |
| 18 years and over | III Degree | Chon-Ji – Choi-Yong |
| 18 years and over | IV – VI Degree | Chon Ji – Moon-Moo |

**Categories may be amalgamated depending on competitor numbers*

POWER

Senior Black Belts

1st Place

MALE

- a.- Ap-Joomuk Jirugi
- b.- Sonkal Taerigi
- c.- Yop Cha Jirugi
- d.- Dollyo Chagi
- e.- Bandae Dollyo Chagi

FEMALE

- a.- Sonkal Taerigi
- b.- Yop Cha Jirugi
- c.- Dollyo Chagi



Senior Sparring Colour Belts

1st 2nd & Joint 3rd PLACES

Male

3 weight divisions: -70kg -85Kg, 85+Kg

| Category | Grade |
|-------------------|-------------|
| 18 years and over | Yellow Belt |
| 18 years and over | Green Belt |
| 18 years and over | Blue Belt |
| 18 years and over | Red Belt |

Female

2 weight division; -62kg, 62+kg

| Category | Grade |
|-------------------|-------------|
| 18 years and over | Yellow Belt |
| 18 years and over | Green Belt |
| 18 years and over | Blue Belt |
| 18 years and over | Red Belt |

**Categories may be amalgamated depending on competitor numbers*



Senior Sparring

Black Belts

1st 2nd & Joint 3rd PLACES

Weigh in for Black belts:
Saturday 10.00 AM

Weight Divisions

Male: 3 weight divisions: -70kg -85Kg, 85+kg

Female: 2 weight division; -62kg, 62+kg

**Categories may be amalgamated depending on competitor numbers*

Senior Male over 40 years Black Belt

(1 weight division)

| Category | Grade |
|-------------------|----------------------|
| 40years. and over | I Degree – VI Degree |

Senior Female over 40 years Black Belt

(1 weight division)

| Category | Grade |
|-------------------|----------------------|
| 40years. and over | I Degree – VI Degree |



Irish National Taekwon-Do Association
2017 National Championships



(Franciscan College) Gormanston Park, Gormanston, Co. Meath
Saturday 21 October 2017 - 10:00 AM

Competitor Application Form

First Name: _____ Family Name: _____

Date of Birth: _____ Age (on 21/10/17): _____ Sex (M / F): _____

Rank: _____ KUP/DEGREE Height: _____ cm Weight: _____ kg INTA Membership No: _____

ITF Certificate Number (Black Belts Only): _____

Name of TKD School: _____

Association Name: _____

Instructor's Name: _____

I wish to participate in (please tick box(es) clearly):

Patterns Sparring 40+ Sparring (Black Belt) Power (18+ Black Belt)

LIABILITY WAIVER/CONTRACT: I the undersigned, do hereby waive any and all claims against any and all persons and groups associated with the INTA National Championships, I agree to hold harmless, all persons and groups including the event promoter and organisers, Irish National Taekwon-Do Association, Gormanston Park and its representatives, all persons and groups associated with the INTA National Championships, for any injuries or damages sustained by me in connection with my participation at this event, whether accidental or intentional. I understand and am fully aware that I am participating in a contact sport and may in the normal course of events sustain an injury while competing. Therefore I assume full responsibility for all of my actions during and connected with this event. I also agree that my attendance and or performance may be photographed, filmed or taped and used by the promoter and its agents, I waiver any compensation thereof. I further agree to abide by ITF Anti-Doping Policy rules and agree to be tested if requested to do so. This document will form the basis of my contract with the Organiser/Promoter and all its associates/servants/agents. I confirm that all information given above is true and correct and I agree to abide by the tournament rules and accept the Chief Umpire's decision as final. I confirm that I am physically fit to participate in this event.

Competitor's Signature: _____ Date: ____/____/2017
(Parent/Guardian if the competitor is under 18 years)

Instructor's Signature: _____ Date: ____/____/2017

Closing date for completed entrie form **plus fees** to be returned is **30 September 2017**.

All cheques and postal orders must be made payable to "INTA".

Note: Groin guards (all males) and mouth guards (all competitors) as well as fitting head gear, hand and foot pads are mandatory for sparring competition. No exceptions will be made to this rule. No metal or hard plastic hair clips are allowed.