

# Portarlinton Taekwon do



## Theory Test

Green tip 7<sup>th</sup> Kup

Consult your student hand book

1. On what date was Taekwon Do official recognised?
2. Who is the President of the I.T.F.?
3. What do the Tenets of Taekwon Do Mean?
4. What are the new techniques in Do San? (There are 4)
5. What are the Blocking/ Striking tools for these new techniques?
6. What is the meaning of Do San?
7. How Many Movements are in Do San?
8. What are the new techniques in 3- Step? (There are 3)
9. What are the Blocking/ Striking tools for these new techniques?
10. What does the colour Green mean for your belt?
11. What is the meaning of Chon Ji/ Dan Gun?
12. What are the Length and width all your Stances, What is the weight distribution?
13. What is the Striking tool for Side piercing kick?
14. What is the Striking tool for Turning kick?
15. What is the angle to the target for turning kick?

Students must learn Korean terminology to the best of your ability