

# Portarlington Taekwon do



## Theory Test

Green belt 6<sup>th</sup> Kup

Consult your student hand book

1. When a middle side kick is performed without a target, at what level should the kick finish?
2. What are the 5 lines of the body?
3. What is the distance between the hands & face in Moa Sogi, A?
4. What are the new techniques/ Stances in Won Hyo? (There are 6)
5. What are the Blocking/ Striking tools for these new techniques?
6. What is the meaning of Won Hyo?
7. How Many Movements are in Won Hyo?
8. What does the colour Blue mean for your belt?
9. What is the meaning of previous patterns/ How many movements?
10. What are the length and width all your Stances, What is the weight distribution?
11. What are the new techniques in 2-Step? (There are 4)
12. What are the Blocking/ Striking tools for these new techniques?
13. What is the purpose of Step sparring?
14. What is the point system for fee sparring?
15. Who is the president of the I.T.F?

Students must learn Korean terminology to the best of your ability