

Portarlington Taekwon do



Theory Test

Blue tip 5th Kup

Consult your student hand book

1. When a high side kick is performed without a target, at what level should the kick finish?
2. What are the 5 lines of the body?
3. What are the 3 levels of the body?
4. What are the new techniques/ Stances in Yul Gok? (There are 5)
5. What are the Blocking/ Striking tools for these new techniques?
6. What is the meaning of Yul Gok?
7. How Many Movements are in Yul Gok?
8. What does the colour Blue mean for your belt?
9. What are the meanings of previous patterns/ How many movements?
10. What are the length and width all your Stances, What is the weight distribution?
11. What are the new techniques in 2-Step? (There are 2)
12. What are the Blocking/ Striking tools for these new techniques?
13. What is the purpose of Step sparring?
14. What is the highest point that a front snap kick may performed effectively?
15. What is connecting motion?

Students must learn Korean terminology to the best of your ability