

Portarlinton Taekwon do



Theory Test

Red tip 3rd Kup

Consult your student hand book

1. When bowing to a senior grade, what is the correct protocol?
2. What is “Fast motion”, “Continuous motion” & “Connecting motion”?
3. What is the reason for 24 patterns?
4. What are the new techniques/ Stances in Toi Gye? (There are 7)
5. What are the Blocking/ Striking tools for these new techniques?
6. What is the meaning of Toi Gye?
7. How Many Movements are in Toi Gye?
8. What does the colour Red mean for your belt?
9. What are the meanings of previous patterns/ How many movements?
10. What are the length and width all your Stances, What is the weight distribution?
11. On what line of the body should flat fingertip thrust be performed?
12. When low front snap kick is performed without a target, At what level should the kick finish?
13. At which line of the body should inward knife hand strike finish?
14. When handing something to a senior black belt member, what is the correct protocol?
15. What is the purpose of 1-Step sparring?

Students must learn Korean terminology to the best of your ability